



Tea helps heal
your body.

Now,

it can help
heal a life.

**The Women's Crisis Services
of Waterloo Region Presents:**



Tea for Your Body:

- Reduces risk of hypertension
- Boosts body's defenses & metabolism
- Helps kill leukemia cells
- Fights allergies & signs of aging

Tea Against Abuse:

- Helps abused women & their children
move beyond violence
- Promotes abuse awareness
- Supports education

"Every cup of tea can start a conversation to help end violence against women"

Sunday March 6th
Victoria Park Pavilion
11am - 4pm
Tickets: \$20.00

Free mug
vendors & products
presentations & demonstrations
wcswr.org